Curriculum Vitae



Dr. Hossein Rafsanjani - DehQazi Assistant Professor of Physical Therapy

A. Date Curriculum Vitae is Prepared: 30 September 2024

B. Biographical Information

Primary Office: Department of Physical Therapy, School of Paramedical and Rehabilitation

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C. Educational Background

21 Jun 2019 – 18 Sep 2023:

Ph.D. in Physical Therapy, University of Social Welfare and Rehabilitation Sciences, Tehran, IR

22 Sep 2017 – 18 Feb 2019

Master of Science in Physical Therapy, Shahid Beheshti University of Medical Sciences, Tehran, IR

15 Sep 2014 – 21 Sep 2017:

Bachelor of Science in Physical Therapy, Tehran University of Medical Sciences, Tehran, IR

D. Qualification, Certifications and Licenses

2023 entitled: Mechanical diagnosis and therapy: the advance lumbar spine

2023 entitled: Para Sport Classification Course: the advance course

2022 entitled: IPC Introduction to Para Sport Online Learning Program

2022 entitled: Para Sport Classification Course: the Preliminary course

2022 entitled: Scoliosis with Schrott's method

2022 entitled: "How to write a systematic review article"

2022 entitled: "Search strategy for scientific resources"

2021 entitled: End Note

2021 entitled: Preliminary and advanced scientific writing

2021 entitled: English paraphrasing method

2018 entitled: Preliminary and advanced Dry Needling Approach

2017entitled: Evaluation and treatment of pelvic floor disorders: the advance course

E. EMPLOYMENT

• Feb 2023 – present:

Assistant Professor, Department of Physical Therapy, School of Paramedical and Rehabilitation Sciences, Mashhad University of Medical Sciences, Mashhad, Iran.

F. Peer Review Activities

Scientific Journal of Rehabilitation Medicine

Archives of Rehabilitation

The Archives of bone and joint surgery

Body work and Movement Therapy

Red Crescent Medical Journal

G. Publication

Majid Shahbazi Mohebb seraj1, **Hossein Rafsanjani DehQazi2** "Diagnosis and Treatment Based on Functional Movement Impairment: A New Model of Functional Restoration Directed to Correction of Pathoanatomic and Pathophysiology of Tissues-Part I.

Rafsanjani Deh Qazi Hossein1, Majid Shahbazi Mohebb seraj2 "The Effect of Soft Tissue Release at the Thoracolumbar Junction in a Patient with Bilateral Leg Symptoms: A Case Report".

Majid Shahbazi Mohebb seraj1, **Hossein Rafsanjani DehQazi2** "Letter to the editor on "The Relationship between Sitting Posture and Musculoskeletal Pain in Boy Elementary School Students" by Saeed Ilbeigi et al.

Rafsanjani Deh Qazi Hossein1, Mohammad A Mohseni-Bandpei2*, Rahmani Nahid3, "Sonoelastography and lumbopelvic muscles in patient with Low Back Pain: A Systematic review" GALLEN Medical Journal, 2023.

Sadegh Tavakoli, **Hossein Rafsanjani Deh Qazi**, Khosro khademi kalantari, et al., The acute effect of common proneal nerve electrical stimulation on quadriceps maximum activity failure in patient with knee osteoarthritis after ten physiotherapy sessions, IJHS, 2022.

Rafsanjani Deh Qazi Hossein1, Mohammad A Mohseni-Bandpei2*, Rahmani Nahid3, Sonoelastography of multifidus, piriformis, quadratus lumbarum and gluteus medius muscles on healthy subjects and patients with unilateral lumbar radicular pain: A reliability study, ABJS journal, 2022.

Rafsanjani H, Khademi-Kalantari K, Rezasoltani A, Naimi SS, Ghasemi M, Jaberzadeh S. Immediate effect of common peroneal nerve electrical stimulation on quadriceps muscle electrical stimulation in patients with khnee osteoarthritis. Bodywork and Movement Therapies, 2017.03.003.

حسین رفسنجانی ده قاضی، دکتر خسرو خادمی کلانتری، دکتر اصغررضاسلطانی. دکنر صدیقه السادات نعیمی ، دکنر اکبرزاده بررسی اثر آنی تحریک الکتریکی عصب پرونئال مشترک برروی نقص فعالسازی حداکثری گشتاور عضله کوادریسپس درافراد مبتلا به استئو آرتریت زانو. مجله طب توانبخشی دانشگاه علوم پزشکی شهید بهشتی.1394.

صادق توکلی، حسین رفسنجانی ده قاضی، دکتر خسرو خادمی کلانتری ، دکتر اصغررضاسلطانی ، پایایی حداکثری نیروی ایز و متریک عضله کو ادریسپس با دستگاه اندازه گیری نیروی عضلانی زانو. مجله طب تو انبخشی دانشگاه علوم پزشکی شهید بهشتی 1394.

H. Presentation and Special Lectures

- I. International and National
- J. Abstracts and Other Papers

Sonoelastography and Lumbopelvic muscle stiffness in patients with Low Back Pain" A Systematic Review. Tehran, Milad Tower,13 Dec 2023.

Sonoelastography of multifidus, piriformis, quadratus lumbarum and gluteus medius muscles on healthy subjects and patients with unilateral lumbar radicular pain: A reliability study. 23rd seminar in specific spinal Physical Therapy. Tehran, USWR. June 1 2023.

Reliability of assessment of lumbar multifidus elasticity its strain ratio in patient with myofascial pain syndrome using sonoelastography. 22ed seminar in specific spinal Physical Therapy. Tehran, USWR. May 31 2022.

Immediate effect of common proneal nerve electrical stimulatin on quadriceps muscle arthrogenic inhibition in patients with knee osteoarthritis. 3rd international and 30th annual physiotherapy congress of iranian physiotherapy association In date 2019-06-12 by, Iranian Physiotherapy Association.

The acute effect of common proneal nerve electrical stimulation on quadriceps maximum activity failure in patient with knee osteoarthritis after ten physiotherapy sessions. 27th Annual Congress of the Iranian Physiotherapy Association. Tehran, Olympic Hotel, 4-6 may 2016.

The acute effect of common proneal nerve electrical stimulation on quadriceps maximum activity failure in patient with knee osteoarthritis after ten physiotherapy sessions. 26th Annual Congress of the Iranian Physiotherapy Association. Tehran, Olympic Hotel, 6-8 June 2017.

Relationship between physical struggle with fatigue, dyspnea, heart rate, walking speed, functional balance and daily life activities in patients with chronic hemiparesis and healthy people. 24th Annual Congress of the Iranian Physiotherapy Association. Tehran, Olympic Hotel, 7-9 may 2016.

Investigating the effect of physical struggle on the postural control of people with chronic hemiparesis and healthy people. The first rehabilitation congress for the elderly, Tehran, SBMU, May 19 2014.

K. NON-PEER-REVIEWED PUBLICATIONS

L. Books

Rafsanjani DehQazi H, Tavakoli S, Droudian AR "Kinsiotape: Principles and methods of treatmen". (In Persian); Tehran, 202.2

Rafsanjani DehQazi H, Shahbazi Moheb seraj M "Physioball exercises for Lumbo-pelvic-hip complex impairement Based on the Stages of tissue repair". (In Persian); Ideh Novin Publications, Tehran, 2023.

M. English (MHLE)

Speaking (Upper Intermediate)

Reading (Advanced)

Listening (Upper Intermediate)

Scientific Writing (Advanced)

Hossein Rafsanjani
7 CONFIDENTIAL DOCUMENT