

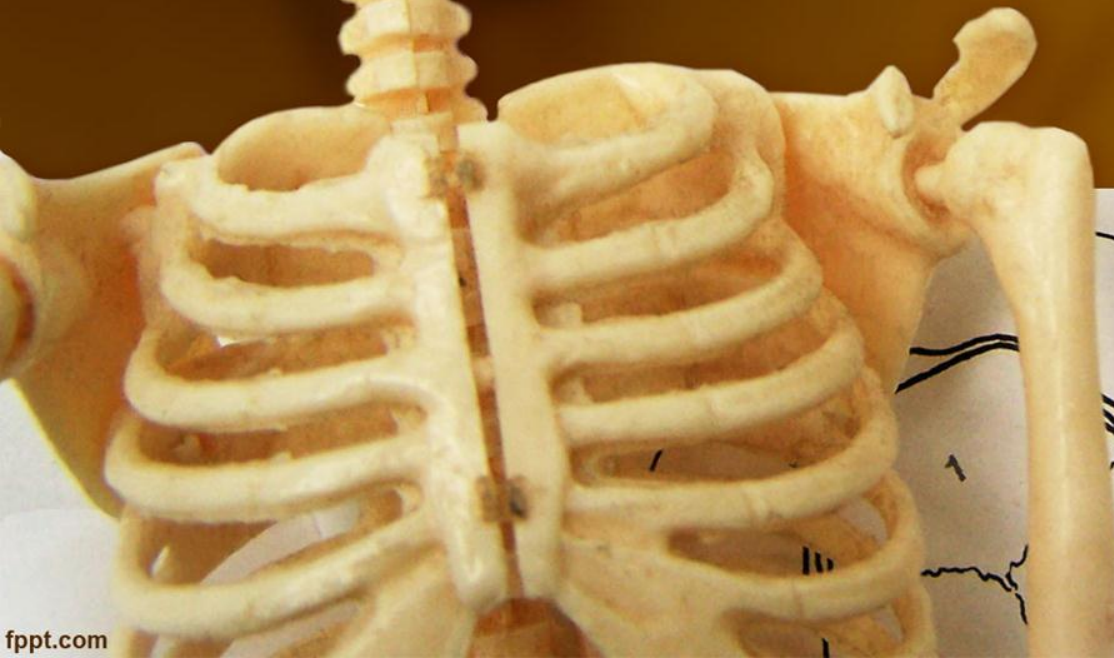
SKULL

protective case for the brain, smell, hearing, and vision. The two main parts: the cranium and the facial bones. The base of the skull is larger than the sides and top of the skull. The base of the skull encloses the front of the brain, blood vessels, and tubes for the eyes and the jawbone is the

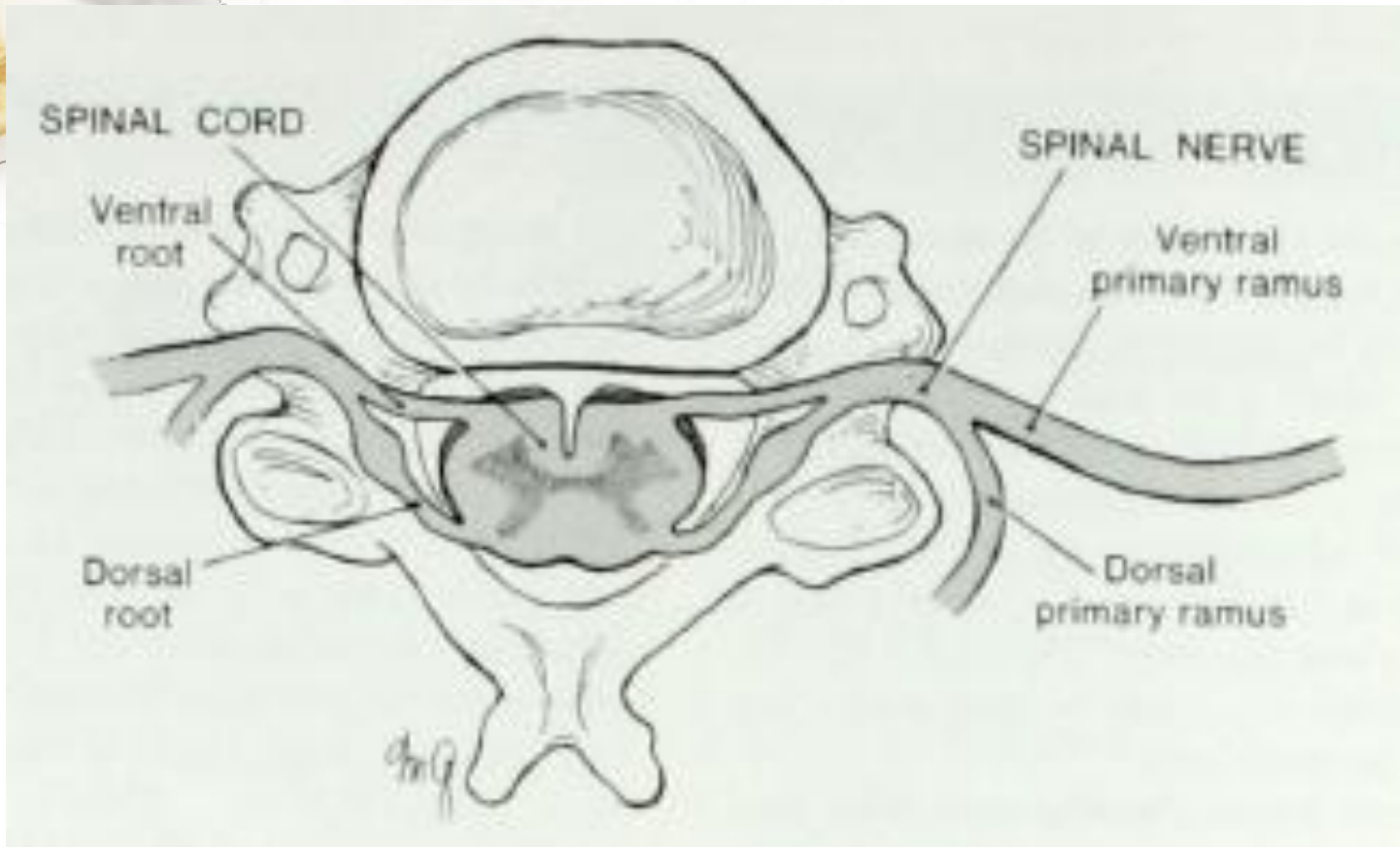
10. ...
11. MAXILLA
12. MANDIBLE
13. TEETH
14. OCCIPITAL BONE
15. HYOID BONE

# Muscles Testing & Function with Posture & Pain

## SPINAL CORD AND NERVE ROOTS

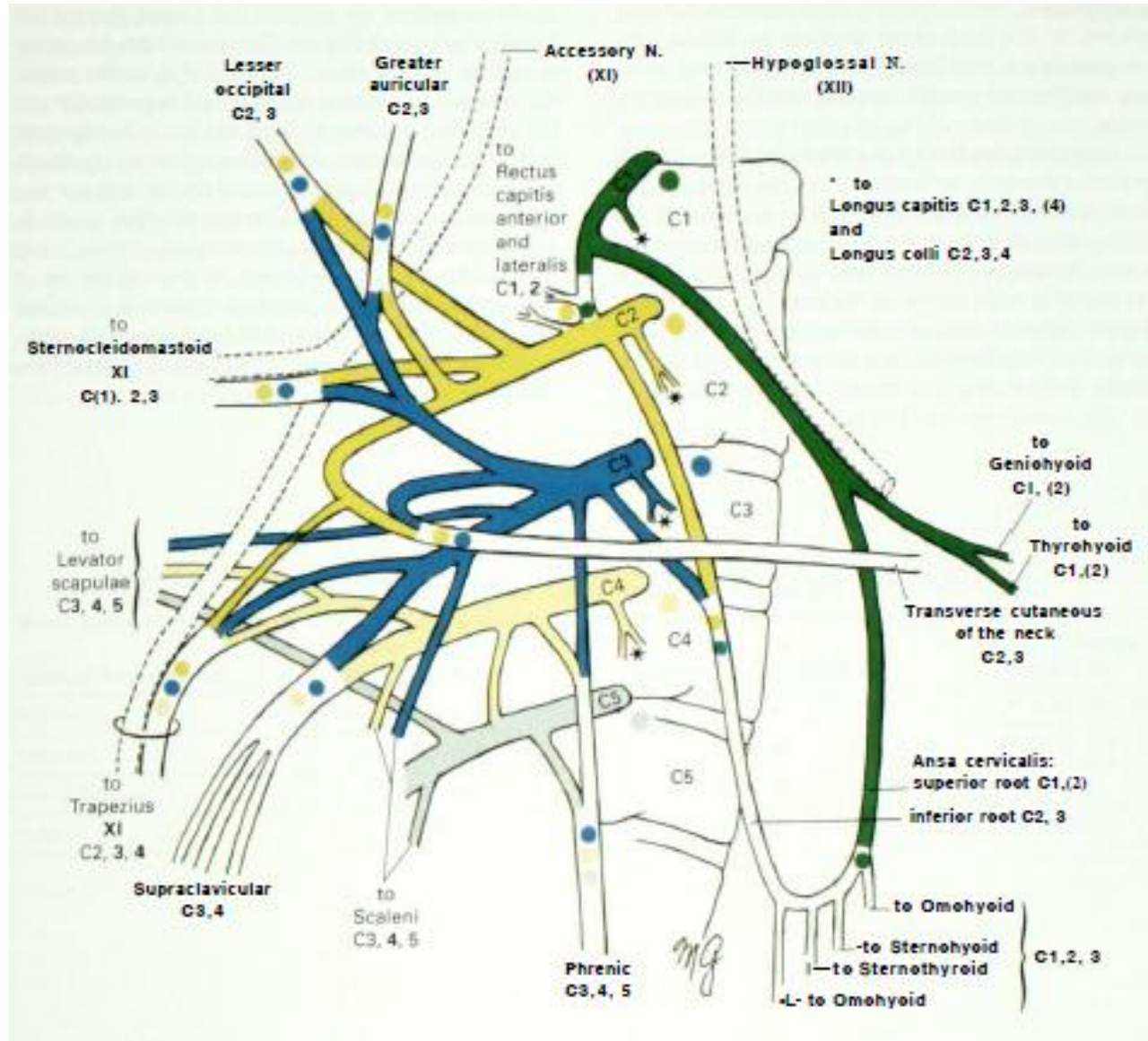


# Spinal Cord and Nerve Roots

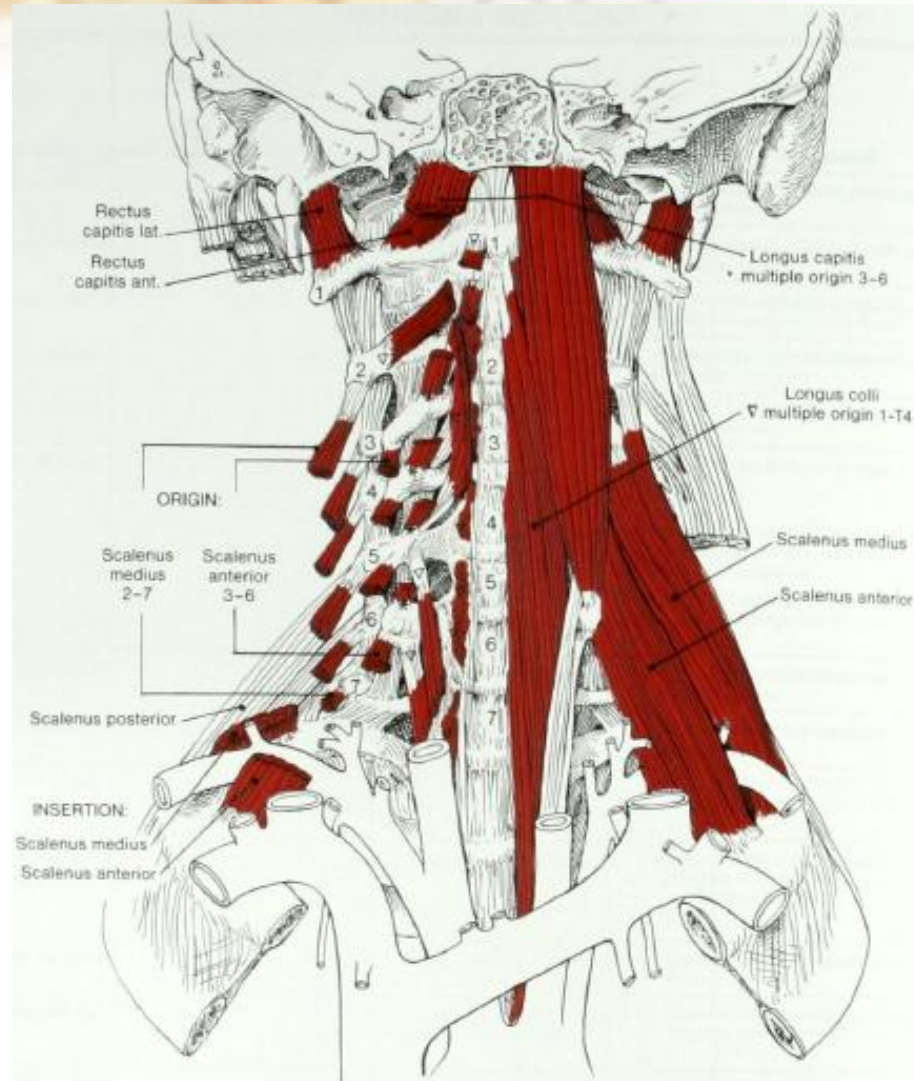
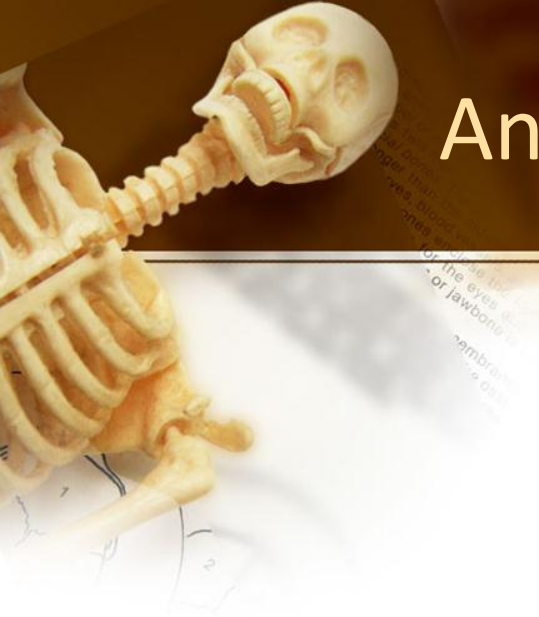




# Cervical Plexus



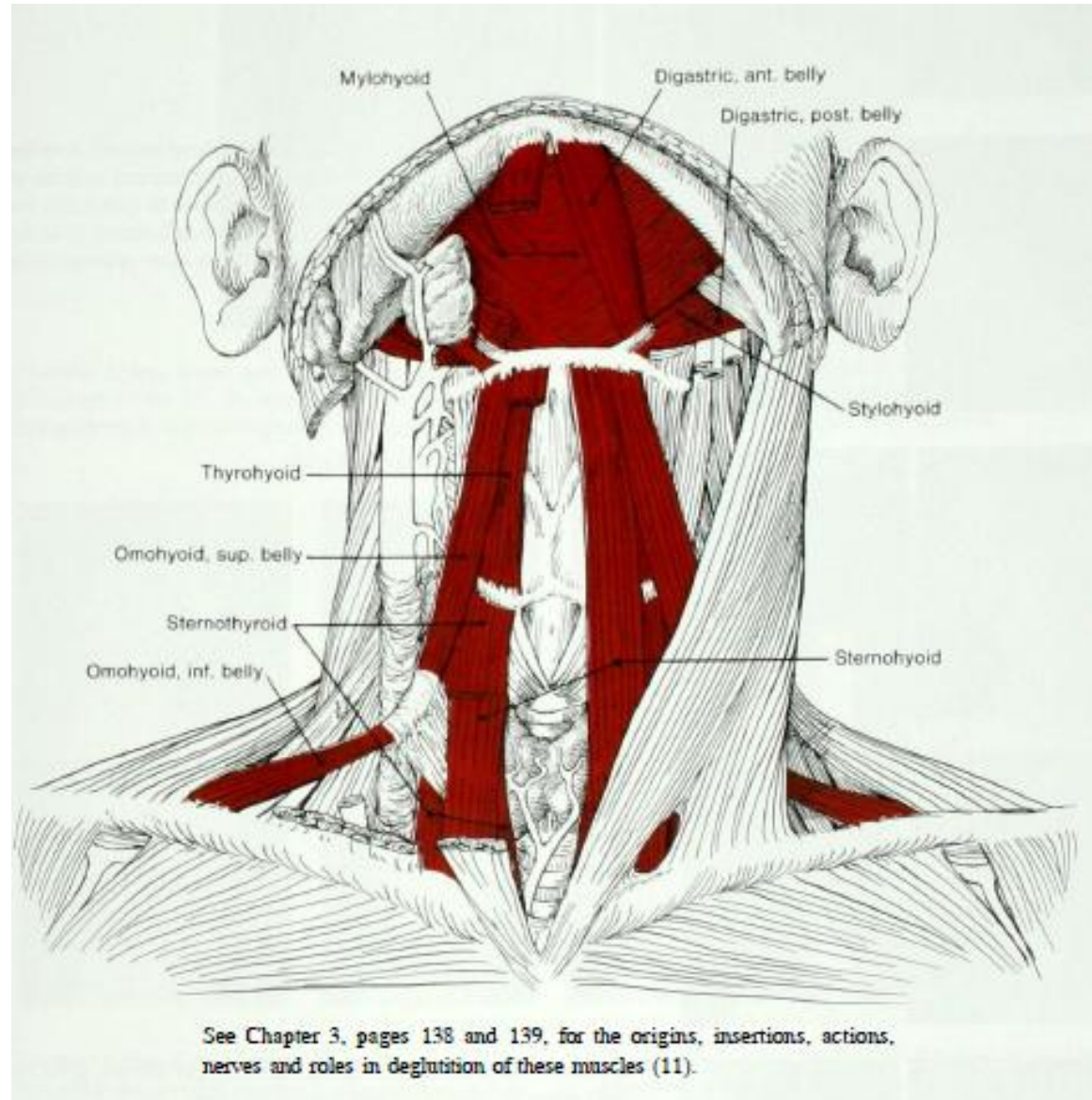
# Anterior and Lateral Neck Muscles



See pages 148 and 149 for the origins, insertions, actions and nerves of these muscles (11).



# Suprahyoid and Infrahyoid Muscles



# Cervical Spine Extension and Flexion



# Cervical Spine Extension and Flexion



# Cervical Spine Extension and Flexion





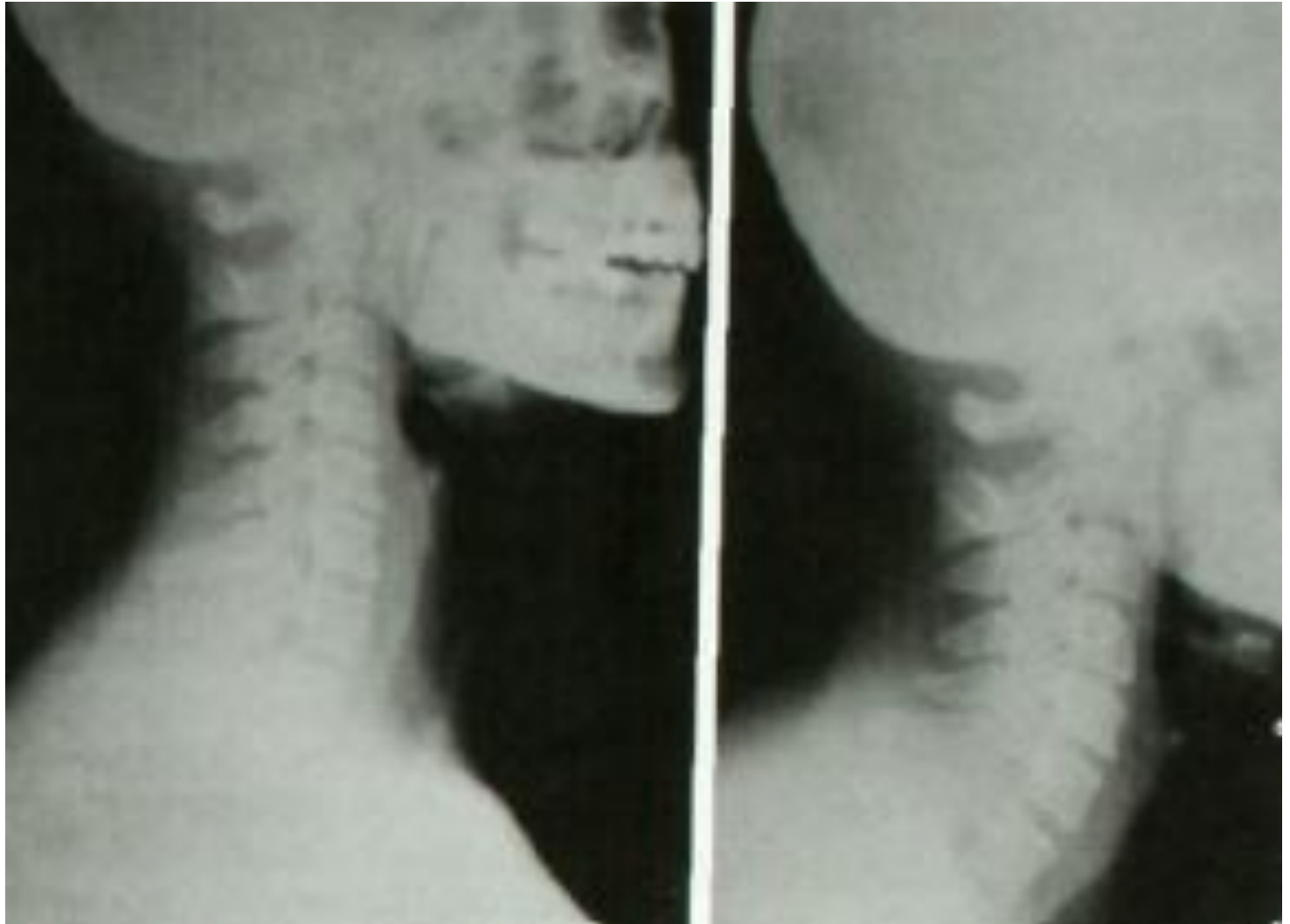
# Cervical Spine Extension and Flexion



# Cervical Spine Extension and Flexion



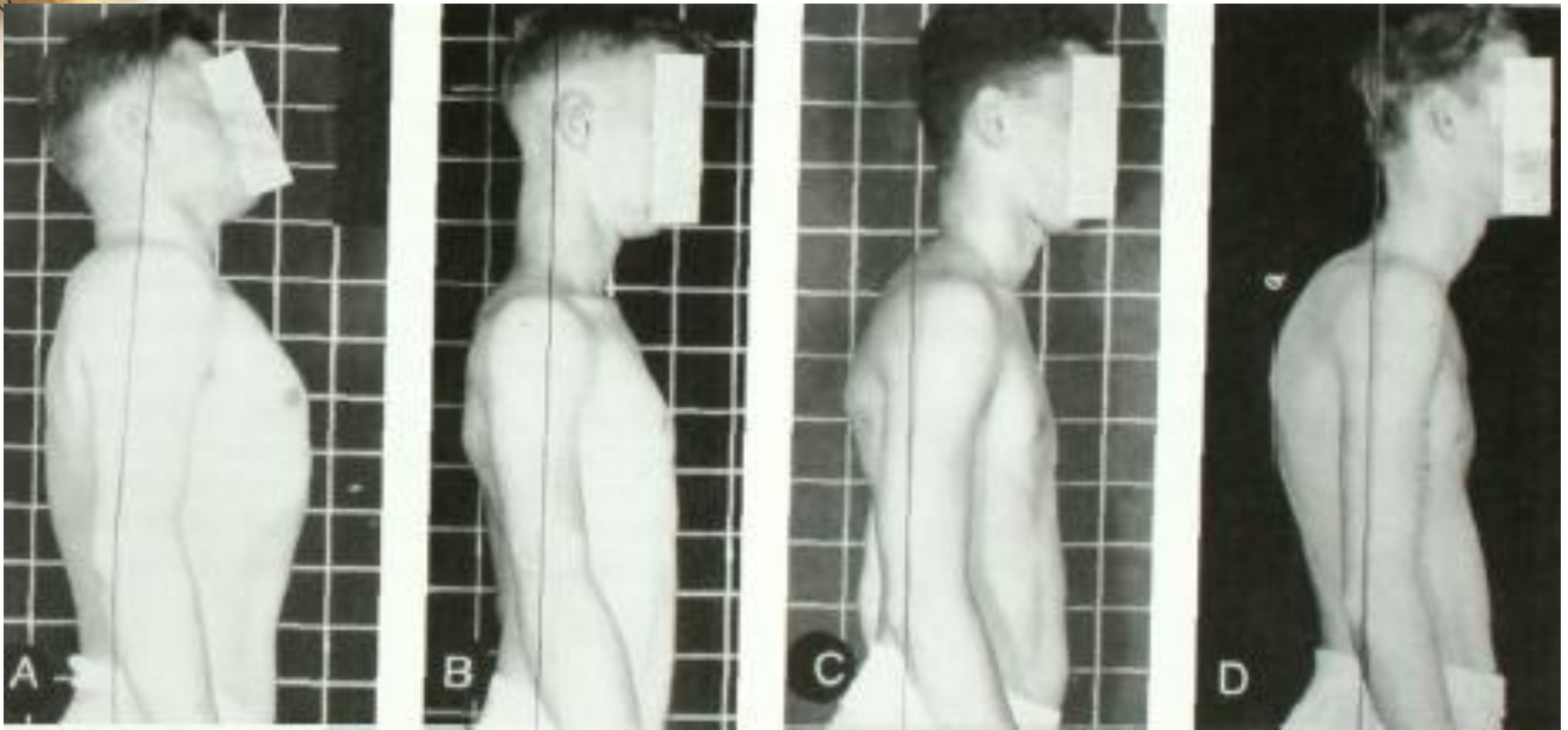
# Faulty Head and Neck Positions





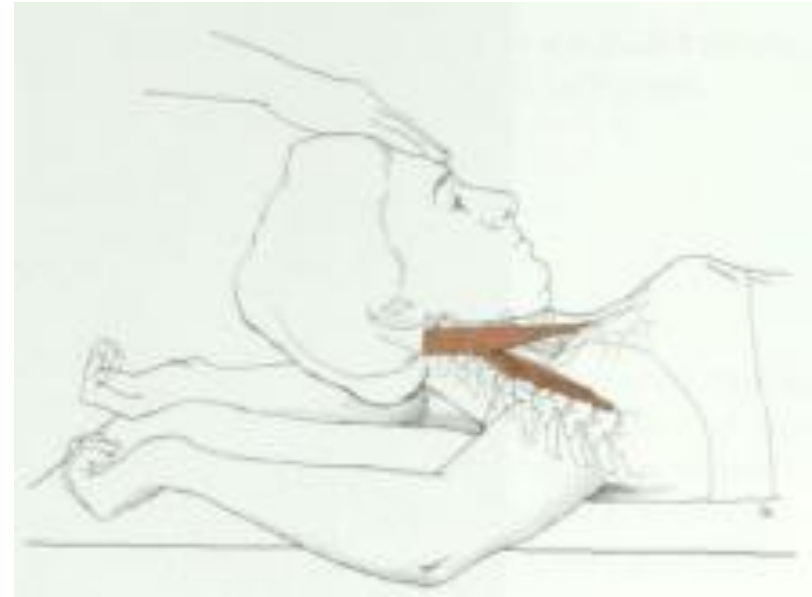


# Faulty Head and Neck Positions



# Section III: Neck Muscle Testing

## Anterior Neck Flexors



# Neck Muscle Testing

## Error In Testing Neck Flexors





# Neck Muscle Testing

## Anterolateral Neck Flexors



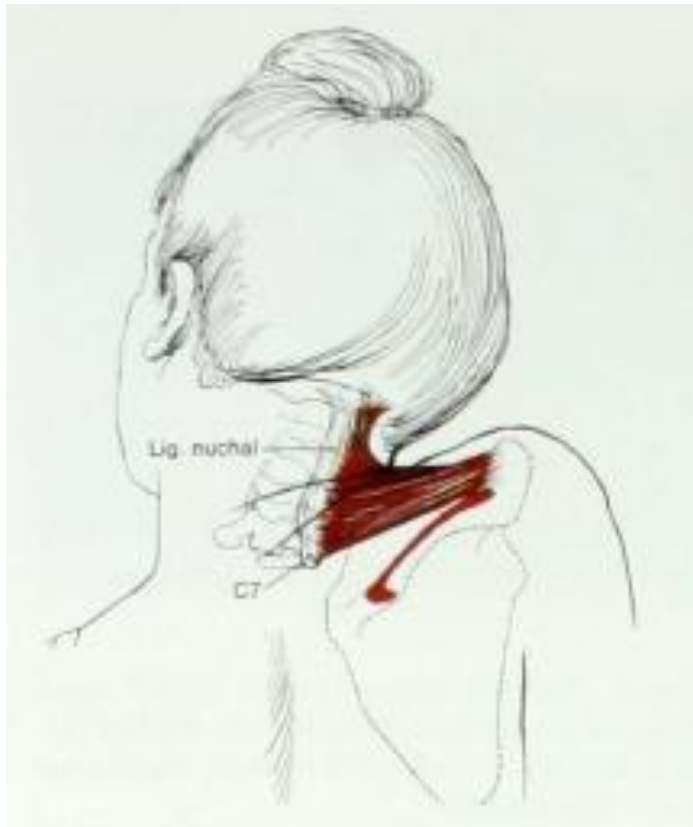
# Neck Muscle Tests

## Posterolateral Neck Extensors



# Neck Muscle Tests

## Upper Trapezius





# Painful Conditions

## Upper Trapezius Strain



# Painful Conditions Computer Ergonomics



# Section V: Treatment

## Massage of Neck Muscles





# Treatment

## Exercises to Stretch Neck Muscles



# Treatment

## Exercises to Stretch Neck Muscles



# Treatment

## Exercises to Stretch Neck Muscles

